



25 June 2019

## **JOB DESCRIPTION:**

### **Assistant Coach for the NZ Senior Women's Lacrosse Team – 2021 World Championships**

#### **Functions of the Assistant Coach**

The Assistant Coach will:

- Reinforce the vision statement and program philosophies;
- Work closely with the Head Coach, to develop and implement effective lacrosse techniques and tactics.
- To establish a positive Team Culture and high Standards across the programme.
- Provide Coaching through to and including the 2021 World Cup including trainings, tours and tournaments.
- Be a member of the Team Selection Panel to provide input.
- Contribute to the Talent pathway by coaching and developing players

#### **A. PRIMARY JOB PURPOSE**

In support of the Head Coach, to provide direction and management of the NZ Senior Women's Lacrosse Team to the 2021 World Championships, under the principles of the NZWLA High Performance Program Policy and the NZWLA.

#### **B. JOB RESPONSIBILITIES**

##### **Technical/Tactical**

##### *Coaching*

- Attend all camps, tournaments and Tours through to and including the 2021 World Championships
- Provide expert team, specialist and individual coaching;
- Contribute to the identification for each individual athlete, areas for improvement, strategies and actions for advancement, in consultation with the Head Coach.
- Provide feedback on player skills development and training compliance
- Co-ordinate scouting, game film and analysis, and team/individual lacrosse statistics

##### *Program development*

- Contribute to the planning and implement a comprehensive and intensive training program including Squad/Team camps;
- Pursue leading edge initiatives including advanced athlete development, training procedures, techniques and methods;
- Maintain positive, collaborative relationships with the Head Coach, NZWLA Director of High Performance, Club and School Coaches, players, parents, umpires, administrators and other stakeholders regarding players.

##### *Support Services*

- Maintain communication and to support the delivery of services. Including Team Management, strength and conditioning, sports psychology, and nutritional consulting.



- Establish an acceptable balance between sporting, personal and educational development for all athletes;

## **Management**

### *Program Administration*

- Maintain ongoing contact with the Head Coach;
- Maintain communication with team staff including other Assistant Coaches, Manager/s and Medical personnel to meet all team requirements;
- Consult with the Head Coach to provide effective solutions to any issues/concerns within the program;
- Participate in staff meetings and forums associated with the NZWLA High Performance Program;

### *Athlete Administration*

- Maintain proactive and supportive communication with all players.
- Oversee individual athlete performance including the recording of testing and training compliance. And to provide feedback and goal setting.
- Monitor and promote good sportsmanship and responsible behaviour by all team members as per the NZWLA Code of Conduct and World Lacrosse regulations.

### *Selection*

- In conjunction with selection panel, select a Squad/Team of lacrosse athletes for Tours, tournaments and select camps.
- Assist with selected additional Management as required.

### *Staffing*

- Attend professional development opportunities.
- To continually improve coaching skills through certifications, research and exploring innovative lacrosse techniques.

## **D. ORGANISATIONAL ENVIRONMENT**

### **Reporting Relationships**

**Direct:** Head Coach,  
NZWLA Director of High Performance

### **Experience:**

- In-depth experience and demonstrated success coaching at international or collegiate level;
- Experience and proven capability in the holistic development of elite athletes.

### **Knowledge and Skills:**

- Specific knowledge of individual technique development, principles of play and delivery, as well as the ability to promote game sense aspects;
- Understanding of concepts and the proven ability to integrate sports science, sports medicine and technological advancements into high performance training programs;
- Capacity to develop players to world level competition including the ability to formulate, analyse and respond to game strategies;
- Sound personnel, financial, administration and IT skills.



### **Personal Attributes**

- Personal core values for our national team high performance program;
- Positive people management abilities;
- Demonstrated ability to lead and mentor developing athletes, coaches and managers;
- Effective communication and negotiation skills to liaise with a wide range of people including athletes, parents, service providers, management, media, etc;

### **F. PERFORMANCE KPI'S**

#### **PROGRAM**

1. A sound base of world class athletes prepared for world level competition.
2. Implementation and integration of leading edge approaches in coaching, sports science, sports medicine and technology.
3. Operates within NZWLA policy parameters.

#### **ATHLETES**

1. To achieve an agreed set of goals/targets in individual performance in the areas of physical, technical, attitude/mental and competition performance.
2. Number of athletes recruited/attended a USA College, or continued progression into the NZBLAX.
3. Retention of athletes from prior World Championships and on-boarding players moving from U19 Campaigns.