

Return to Lacrosse Guideline Update

New Zealand Lacrosse COVID-19 Response

Version 2.1

Updated 12 August 2020

Effective from midday 12 August 2020

12 August 2020 Update:

As of 12 noon on Wednesday 12 August, Auckland will move to Alert Level 3. The rest of New Zealand will move to Alert Level 2.

Further detailed information will be provided as and when possible following ongoing guidance and advice from Sport NZ and NZ Government.

Summary of Return to Lacrosse Activities

Auckland

Under Alert Level 3 and Government guidelines, all Lacrosse activity in Auckland, including training, games, leagues and in person meetings, must not commence.

Rest of New Zealand

Under Alert Level 2 and Government guidelines, certain Lacrosse activity may commence so long as they follow the public health measures outlined by the NZ Government.

- Gatherings must be restricted to a maximum of 100 participants
- Where possible, masks should be worn.
- Contact tracing must be carried out at all Lacrosse activities.
- Equipment and surfaces must be regularly cleaned and disinfected where practical.
- Good personal hygiene practices should continue - wash and dry hands before and after activity, cough into elbow and don't touch your face.
- Stay home if you're sick and do not take part in Lacrosse activities if you have flu-like symptoms, self-isolate at home and get tested immediately.
- Physical distancing of 2 metres should be maintained wherever possible, especially from people that you don't know. Contact during physical activity will occur but this should be minimised as much as possible, especially off the field of play.
- People at high risk of severe illness from COVID-19 should take additional precautions when undertaking Lacrosse activity.

Support and Questions Relating to these Guidelines

If a participant or member of the NZ Lacrosse community wishes to discuss any details relating to these guidelines, or NZ Government guidelines, they are asked and encouraged to do this. In the first instance, this should be submitted to the Executive of the Regional Body which will be submitted to the Executive of NZWLA and NZLA (via secretary@nzwlacrosse.nz).

New Zealand Authorities and COVID-19 Guidelines

The following national authorities and links provide up to date information on guidelines for New Zealand in the fight against COVID-19.

- Unite against COVID-19 Government website [covid19.govt.nz](https://www.covid19.govt.nz)
- Ministry of Health
<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus>
- Sport NZ <https://sportnz.org.nz/covid-19/>
- Healthline 0800 358 5453
- Government helpline 0800 779 997
- Need to talk? Call or text 1737 or visit
www.allright.org.nz/campaigns/getting-through-together