



EXPRESSION OF INTEREST

NZ Senior Women's Lacrosse Team NZBLAX
NZ Based Strength and Conditioning Coach
Women's Lacrosse World Cup 2021

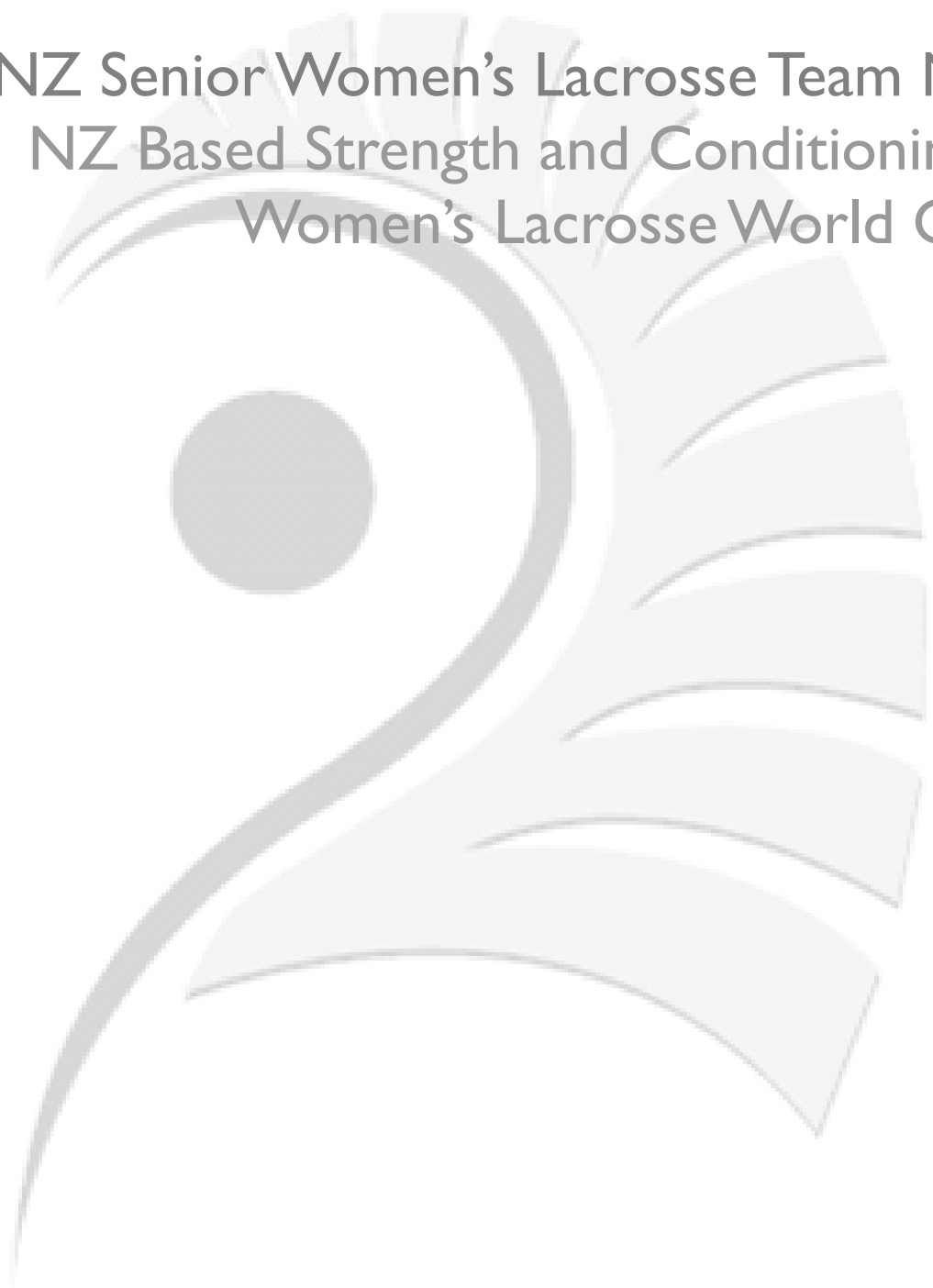
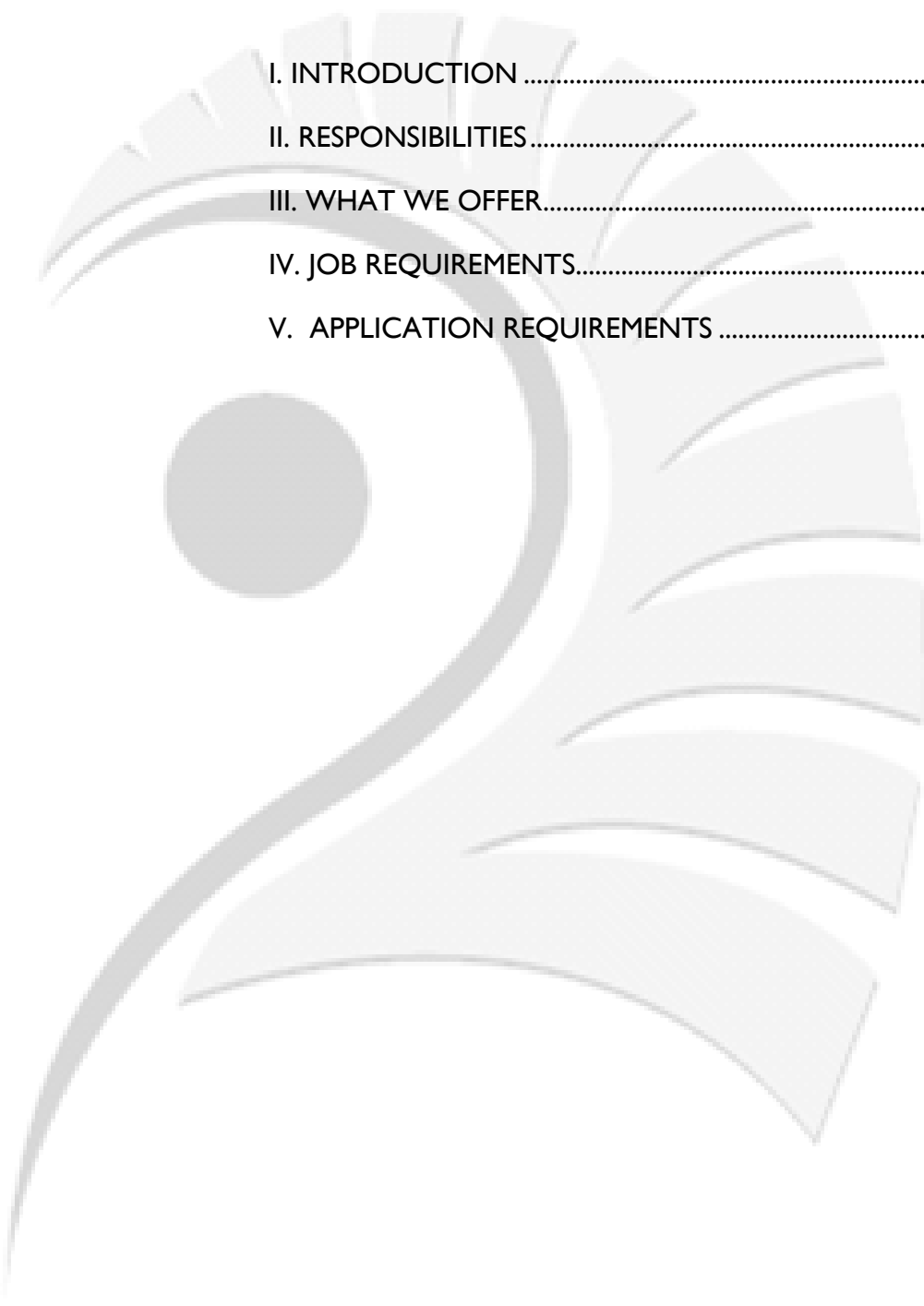


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I. INTRODUCTION

The New Zealand Women's Lacrosse Association is currently seeking applications for a Strength and Conditioning Coach role, of the NZ Senior Women's NZBLAX Lacrosse Team.

Applicants should apply as an individual.

This team is part of the NZWLA High Performance Women's Lacrosse programme.

The NZBLAX Team will participate in the Women's Lacrosse World Cup in Towson, USA in 2021.

All applications must be NZ Based and reside in NZ currently.

A selection Panel will be made up of the NZWLA High Performance Director, 2 designated NZWLA Executive members or Designates and the Head Coach.

**Applications for Strength and Conditioning Coach
Close: 1.00 pm Friday 23rd October 2020 NZ Time**

II. RESPONSIBILITIES

The Strength and Conditioning Coach will undertake the following tasks:

- To Support the overall direction, preparation and management of the NZ Senior Women's NZBLAX Strength and Conditioning programme under the principles of the NZWLA HP Policy.
- Be able to provide Programme based preparation for individuals and Team.
- Be able to provide specialised Improvement Areas and Strategies for Individual and Team advancement.
- Demonstrate leadership qualities that drive winning performances and great sportsmanship.
- Be able to support where applicable the delivery of support services such as mental skills, recovery and personal development.
- Must maintain communication with the NZBLAX Head Coach, the NZWLA HP Director and where applicable the NZWLA.

III. WHAT WE OFFER

- Salary: Volunteer only
- A squad of enthusiastic and dedicated players willing to learn and aspire to achieve their best.
- Job Description
- Individual support and mentoring from the HP Director in line with the NZWLA HP Policy.

IV. JOB REQUIREMENTS

- The primary requirement is demonstrated success as a Strength & Conditioning Coach at an Elite Level;
- Excellent communication skills with an ability to relate to a wide range of people;
- An innovative, energetic and motivating style;
- Exceptional time management and organisational skills;
- Able to work as part of a Management team;
- Previous experience with development teams preferably with Women's Lacrosse
- Be personally driven to perform at an elite level
- Sets exemplary standards
- A valid passport
- No criminal record
- Drug Free
- Must be available for the full programme

V. APPLICATION REQUIREMENTS

- Cover letter
- Detailed resume/CV/references
- Must be prepared to take a blood test if required for a drug test

Once confirmed, it is expected this post will be for a term lasting until the end of the 2021 Women's Lacrosse World Cup. Candidates should be clear in advance that these positions bear no financial rewards. Reporting lines and decision-making criteria will be defined to all candidates invited before the NZWLA interview panel, which shall retain the right of absolute discretion over final appointments.

To respond or for further information please contact:

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Applications Close: 1.00 pm Friday 23rd October 2020.